Restore, Rekindle, Renew Enrichment – Session III MISSION POSSIBLE: PDA

 \mathbf{P} RAY – STEP 3: Sitting side-by-side, holding hands, one of you prays a simple prayer, printed or made up on the spot. And then the other does the same.

And then Wife Reads Aloud:

"Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen."

Matthew 13:8-9 (NRSV)

And then, Husband Prays Aloud:

Lord God, we give you praise and thanksgiving. Father, we are so thankful that you are there to help us to make the decision to love one another and to be loved so that we can experience the joy you want for our relationship. Help us, Father, to just be accepting of each other for the persons we are, including our flaws; help us to truly love, cherish, honor, and respect one another. We thank you, Father, for helping us to grow closer to each other. As we dialogue, help us to listen with our hearts and to be accepting of one another's feelings; allow us to be open with one another and go beyond words. Jesus, give us the grace to put one another first and to love each other as you loved us. We thank you, Jesus, for all that you are doing for us as we strive to become closer to one another. May our relationship grow day by day, so that we are closer to one another and more in love. We thank you in Jesus' name, Amen.

 $\mathsf{D}\mathsf{IALOGUE}$ – more choices . . .

How have I seen our relationship improve in the last few weeks? HDIFAMA? What changes am I willing to make to experience the stage of joy in our relationship? HDIFSTWY?

Share a time this week when I considered your needs before my own. HDIFRTN?

ACT - Return to the site of your first date.

If that is not feasible, recreate parts of that event by duplicating what you wore or attending a similar event. Dig out the old photos of this time of your life!

Or do a hobby together.

Or try something new: bird watching, researching your family genealogy, the list is endless!

Your mission, should you choose to accept it, is to:

develop Couple Prayer if you haven't already,

share your feelings with each other

through daily Dialogue,

and to put romance into Action.

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Please use this paper throughout the next week (it will <u>not</u> self-destruct).

Blessings to you!

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